



Growing Older: Life Experiences & Wellbeing

PROMPT CARDS

CARD A

- 1. British**
- 2. English**
- 3. Irish**
- 4. Scottish**
- 5. Welsh**
- 6. Something else**

CARD B

- 1. White British**
- 2. Any other White background (Please describe)**
- 3. White and Black Caribbean**
- 4. White and Black African**
- 5. White and Asian**
- 6. Any other Mixed background (please describe)**
- 7. Indian**
- 8. Pakistani**
- 9. Bangladeshi**
- 10. Any other Asian background (please describe)**
- 11. Caribbean**
- 12. African**
- 13. Any other Black background (please describe)**
- 14. Chinese**
- 15. Other (please describe)**

CARD C

- 1. Husband / Wife**
- 2. Partner / Cohabitee**
- 3. Natural son / daughter**
- 4. Adopted son / daughter**
- 5. Foster son / daughter**
- 6. Stepson / Stepdaughter / Child of partner**
- 7. Son-in-law / Daughter-in-law**
- 8. Natural parent**
- 9. Adoptive parent**
- 10. Foster parent**
- 11. Step-parent**
- 12. Parent-in-law**
- 13. Natural brother / Natural sister (ie. both natural parents the same)**
- 14. Half-brother / Half-sister (ie. one natural parent the same)**
- 15. Step-brother / Step-sister (ie. no natural parents the same)**
- 16. Adopted brother / Adopted sister**
- 17. Foster brother / Foster sister**
- 18. Brother-in-law / Sister-in-law**
- 19. Grandchild**
- 20. Grandparent**
- 21. Other relative**
- 22. Other non-relative**

CARD D

1. Degree/degree level qualification (including higher degree)
2. Teaching qualification
3. Nursing qualifications SRN, SCM, SEN, RGN, RM, RHV, Midwife
4. HNC/HND, BEC/TEC Higher, BTEC Higher/SCOTTECH Higher
5. ONC/OND/BEC/TEC/BTEC not higher
6. School "School Certificate or Matric
7. City and Guilds qualification
8. A-levels/Higher School Certificate
9. SLC/SCE/SUPE at Higher Grade or Certificate of Sixth Year Studies
10. O-level passes taken in 1975 or earlier
11. GCSE pass
12. CSE GRADES 2-5/SCE Ordinary BANDS D-E
13. CSE Ungraded
14. SLC Lower
15. SUPE Lower or Ordinary
16. NVQ
17. Recognised Trade Apprenticeship completed
18. Clerical or Commercial Qualification (e.g. typing/ book -keeping/commerce)
19. Any other qualification

CARD E

- 1. Own it outright**
- 2. Buying it with the help of a mortgage or loan**
- 3. Pay part rent and part mortgage (shared ownership)**
- 4. Rent it**
- 5. Live here rent free (including rent free in relative's/friend's property; excluding squatting)**
- 6. Squatting**

CARD F

- 1. Husband, wife or partner**
- 2. Son or daughter (including son-in-law or daughter-in-law)**
- 3. Brother or sister**
- 4. Grandchild (including great grandchild)**
- 5. Other relative**
- 6. Friends**
- 7. Neighbour**
- 8. Home help or paid caregiver**
- 9. Other caregiver**
- 10. Community volunteer**
- 11. Doctor, nurse or other health professional**
- 12. Tradesmen, DIY help, hairdresser, chiropodist**
- 13. Anyone else**

CARD G

1. **Charity, voluntary or community group**
2. **Religious group or church organisation**
3. **Education, arts, music or singing group (inc. evening classes)**
4. **Environmental group**
5. **Hobby group, such as gardening or reading group, knitting circle, railway or motoring club**
6. **Group for older people (e.g. lunch club)**
7. **Political parties**
8. **Parent-teacher association or school association**
9. **Social club (inc. working men's club, Rotary club)**
10. **Exercise or dance group, sports club or gym**
11. **Tenants' or residents' group or neighbourhood watch**
12. **Trade unions (inc. student unions)**
13. **Women's institute or Townswomen's guild or Women's group**
14. **Youth group helper (e.g. scouts, guides, youth club)**
15. **Other group or organisation**

CARD H

- 1. Partner/spouse**
- 2. Son or daughter (including step/adopted)**
- 3. Son or daughter-in-law**
- 4. Grandchild (including great grandchildren)**
- 5. Brother/sister (including step/adopted)**
- 6. Brother/sister-in-law**
- 7. Parent (including step parent)**
- 8. Parent in law**
- 9. Niece/nephew**
- 10. Other family member**
- 11. Professional caregiver**
- 12. Close friend**
- 13. Neighbour**
- 14. Other**

CARD I

- 1. General supervision**
- 2. Help with day to day activities like shopping, housework and cooking or collecting a pension**
- 3. Personal care, like getting up, dressing, bathing and eating**
- 4. Financial advice, help with organising current and future finances, like savings, pensions, wills**
- 5. Give money for them to live on, pay their bills or go out**
- 6. Other**

CARD J

- 1. Spouse/partner**
- 2. Parent (including parent-in-law)**
- 3. Son or daughter (including son-in-law or daughter-in-law)**
- 4. Other family member**
- 5. Friend**
- 6. Neighbour**
- 7. Other**

CARD K

- 1. General supervision**
- 2. Help with day to day activities like shopping, housework and cooking or collecting a pension**
- 3. Personal care, like getting up, dressing, bathing and eating**
- 4. Financial advice, help with organising current and future finances, like savings, pensions, wills**
- 5. Give money for them to live on, pay their bills or go out**
- 6. Other**

CARD L

- 1. Shopping for groceries or clothes**
- 2. Preparing meals**
- 3. Doing routine housework**
- 4. Getting in and out of bed on your own**
- 5. Washing or bathing**
- 6. Dressing or undressing**
- 7. Eating, including cutting up food**
- 8. Getting to and using toilet on your own**
- 9. Taking the right amount of medicine at the right times**
- 10. Travel or transport**
- 11. Any other day-to-day activity**

CARD M

- 1. Partner/spouse**
- 2. Son or daughter (including step/adopted)**
- 3. Son or daughter-in-law**
- 4. Grandchild (including great grand children)**
- 5. Brother/sister (including step/adopted)**
- 6. Brother/sister-in-law**
- 7. Parent (including step parent)**
- 8. Parent in law**
- 9. Niece/nephew**
- 10. Other family member**
- 11. Professional caregiver**
- 12. Close friend**
- 13. Neighbour**
- 14. Acquaintance**
- 15. Other**

CARD N

- 1. Doctor**
- 2. Nurse**
- 3. Social worker**
- 4. Home carer**
- 5. Community psychiatric nurse**
- 6. District nurse**
- 7. Health visitor**
- 8. Home help / home care worker**

CARD O

- 1. Emotionally, such as feeling angry, frightened, upset or ashamed**
- 2. Physically, such as discomfort, pain or hunger**
- 3. Socially, such as being cut off from family or friends**
- 4. Other effect**
- 5. No effect**

CARD P

- 1. In paid employment or self employed**
- 2. Doing unpaid work for a business that you or a relative owned**
- 3. In full time education**
- 4. Unemployed, and looking for work**
- 5. Permanently unable to work because of long term sickness or injury**
- 6. Retired from paid work**
- 7. Looking after home or family**
- 8. Doing something else**

CARD Q

- 1. Earnings from employment or self-employment**
- 2. State retirement pension**
- 3. Pension from former employer/spouses former employer**
- 4. Personal pension**
- 5. Child benefit**
- 6. Job-seekers allowance**
- 7. Income support**
- 8. Family credit**
- 9. Housing benefit**
- 10. Attendance allowance**
- 11. Other state benefit (such as disability)**
- 12. Interest from savings and investments (like stocks and shares)**
- 13. Other kinds of regular allowance from outside your household (like rent or maintenance)**
- 14. Other sources of income**
- 15. No source of income**

CARD R

WEEKLY	or	MONTHLY	or	ANNUAL	
Less than £10	57	Less than £40	57	Less than £520	57
£10 less than £30	66	£40 less than £130	66	£520 less than £1,600	66
£30 less than £50	55	£130 less than £220	55	£1,600 less than £2,600	55
£50 less than £70	74	£220 less than £300	74	£2,600 less than £3,600	74
£70 less than £100	62	£300 less than £430	62	£3,600 less than £5,200	62
£100 less than £150	73	£430 less than £650	73	£5,200 less than £7,800	73
£150 less than £200	65	£650 less than £870	65	£7,800 less than £10,400	65
£200 less than £250	51	£870 less than £1,100	51	£10,400 less than £13,000	51
£250 less than £300	78	£1,100 less than £1,300	78	£13,000 less than £15,600	78
£300 less than £350	54	£1,300 less than £1,500	54	£15,600 less than £18,200	54
£350 less than £400	76	£1,500 less than £1,700	76	£18,200 less than £20,800	76
£400 less than £450	81	£1,700 less than £2,000	81	£20,800 less than £23,400	81
£450 less than £500	53	£2,000 less than £2,200	53	£23,400 less than £26,000	53
£500 less than £550	72	£2,200 less than £2,400	72	£26,000 less than £28,600	72
£550 less than £600	58	£2,400 less than £2,600	58	£28,600 less than £31,200	58
£600 less than £650	70	£2,600 less than £2,800	70	£31,200 less than £33,800	70
£650 less than £700	68	£2,800 less than £3,000	68	£33,800 less than £36,400	68
£700 less than £800	75	£3,000 less than £3,500	75	£36,400 less than £41,600	75
£800 less than £900	64	£3,500 less than £3,900	64	£41,600 less than £46,800	64
£900 less than £1,000	71	£3,900 less than £4,300	71	£46,800 less than £52,000	71
£1,000 less than £1,150	69	£4,300 less than £5,000	69	£52,000 less than £60,000	69
£1,150 less than £1,350	80	£5,000 less than £5,800	80	£60,000 less than £70,000	80
£1,350 less than £1,550	79	£5,800 less than £6,700	79	£70,000 less than £80,000	79
£1,550 less than £1,750	60	£6,700 less than £7,500	60	£80,000 less than £90,000	60
£1,750 less than £1,900	52	£7,500 less than £8,300	52	£90,000 less than £100,000	52
£1,900 less than £2,100	67	£8,300 less than £9,200	67	£100,000 less than £110,000	67
£2,100 less than £2,300	59	£9,200 less than £10,000	59	£110,000 less than £120,000	59
£2,300 less than £2,500	77	£10,000 less than £10,800	77	£120,000 less than £130,000	77
£2,500 less than £2,700	61	£10,800 less than £11,700	61	£130,000 less than £140,000	61
£2,700 less than £2,900	56	£11,700 less than £12,500	56	£140,000 less than £150,000	56
£2,900 or more	63	£12,500 or more	63	£150,000 or more	63

CARD S

1. **Partner/spouse**
2. **Son or daughter (including step/adopted)**
3. **Son or daughter-in-law**
4. **Grandchild (including great grand children)**
5. **Brother/sister (including step/adopted)**
6. **Brother/sister-in-law**
7. **Parent (including step parent)**
8. **Parent in law**
9. **Niece/nephew**
10. **Other family member**
11. **Professional caregiver**
12. **Close friend**
13. **Neighbour**
14. **Acquaintance**
15. **Someone you do not know / Stranger**
16. **Other**

CARD T

- 1. Doctor**
- 2. Nurse**
- 3. Social worker**
- 4. Home carer**
- 5. Community psychiatric nurse**
- 6. District nurse**
- 7. Health visitor**
- 8. Home help / home care worker**

CARD U

- 1. Partner/spouse**
- 2. Son or daughter (including step/adopted)**
- 3. Son or daughter-in-law**
- 4. Grandchild (including great grandchildren)**
- 5. Brother/sister (including step/adopted)**
- 6. Brother/sister-in-law**
- 7. Parent (including step parent)**
- 8. Parent in law**
- 9. Niece/nephew**
- 10. Other family member**
- 11. Professional caregiver**
- 12. Close friend**
- 13. Neighbour**
- 14. Acquaintance**
- 15. Other**

CARD V

- 1. Doctor**
- 2. Nurse**
- 3. Social worker**
- 4. Home carer**
- 5. Community psychiatric nurse**
- 6. District nurse**
- 7. Health visitor**
- 8. Home help / home care worker**

CARD W

- 1. Ignored that it happened**
- 2. Reported the incident**
- 3. Confronted the person**
- 4. Became visibly angry or upset**
- 5. Did not react**
- 6. Other**

CARD X

- 1. Emotionally, such as feeling angry, frightened, upset or ashamed**
- 2. Physically, such as pain, bruising or other injury**
- 3. Socially, such as being cut off from family or friends**
- 4. Caused financial difficulties**
- 5. Other effect**
- 6. No effect**

CARD Y

- 1. In paid employment or self employed**
- 2. Doing unpaid work for a business that they or a relative owns**
- 3. In full time education**
- 4. Unemployed, and looking for work**
- 5. Permanently unable to work because of long term sickness or injury**
- 6. Retired from paid work**
- 7. Looking after home or family**
- 8. Doing something else**

CARD Z

- 1. General supervision**
- 2. Help with day to day activities like shopping, housework and cooking or collecting a pension**
- 3. Personal care, like getting up, dressing, bathing and eating**
- 4. Financial advice, help with organising current and future finances, like savings, pensions, wills**
- 5. Give money for them to live on, pay their bills or go out**
- 6. Other**

CARD AA

- 1. Physical health (medical condition or disability)**
- 2. Mental health (including dementia or Alzheimer's Disease)**
- 3. Learning disability**
- 4. Finances**
- 5. Relationships**
- 6. Alcohol**
- 7. Drug use**
- 8. Gambling**
- 9. Other**

CARD BB

- 1. Partner/spouse**
- 2. Son or daughter (including step/adopted)**
- 3. Son or daughter-in-law**
- 4. Grandchild (including great grandchildren)**
- 5. Brother/sister (including step/adopted)**
- 6. Brother/sister-in-law**
- 7. Parent (including step parent)**
- 8. Parent in law**
- 9. Niece/nephew**
- 10. Other family member**
- 11. Professional caregiver**
- 12. Close friend**
- 13. Neighbour**
- 14. Acquaintance**
- 15. Someone you do not know/ Stranger**
- 16. Other**

CARD CC

- 1. Doctor**
- 2. Nurse**
- 3. Social worker**
- 4. Home carer**
- 5. Community psychiatric nurse**
- 6. District nurse**
- 7. Health visitor**
- 8. Home help / home care worker**

CARD DD

- 1. Verbally**
- 2. Physically**
- 3. Emotionally, such as becoming visibly angry or upset**
- 4. Walked away**
- 5. Other**
- 6. Did not react**

CARD EE

- 1. Socially, such as being cut off from family or friends**
- 2. Emotionally, such as feeling angry, frightened, upset or ashamed**
- 3. Other effect**
- 4. No effect**

CARD FF

- 1. In paid employment or self employed**
- 2. Doing unpaid work for a business that they or a relative owned**
- 3. In full time education**
- 4. Unemployed, and looking for work**
- 5. Permanently unable to work because of long term sickness or injury**
- 6. Retired from paid work**
- 7. Looking after home or family**
- 8. Doing something else**

CARD GG

- 1. General supervision**
- 2. Help with day to day activities like shopping, housework and cooking or collecting a pension**
- 3. Personal care, like getting up, dressing, bathing and eating**
- 4. Financial advice, help with organising current and future finances, like savings, pensions, wills**
- 5. Give money for them to live on, pay their bills or go out**
- 6. Other**

CARD HH

- 1. Physical health (medical condition or disability)**
- 2. Mental health (including dementia or Alzheimer's Disease)**
- 3. Learning disability**
- 4. Finances**
- 5. Relationships**
- 6. Alcohol**
- 7. Drug use**
- 8. Gambling**
- 9. Other**

CARD II

- 1. Partner/spouse**
- 2. Son or daughter (including step/adopted)**
- 3. Son or daughter-in-law**
- 4. Grandchild (including great grandchildren)**
- 5. Brother/sister (including step/adopted)**
- 6. Brother/sister-in-law**
- 7. Parent (including step parent)**
- 8. Parent in law**
- 9. Niece/nephew**
- 10. Other family member**
- 11. Professional caregiver**
- 12. Close friend**
- 13. Neighbour**
- 14. Acquaintance**
- 15. Someone you do not know/ Stranger**
- 16. Other**

CARD JJ

- 1. Doctor**
- 2. Nurse**
- 3. Social worker**
- 4. Home carer**
- 5. Community psychiatric nurse**
- 6. District nurse**
- 7. Health visitor**
- 8. Home help / home care worker**

CARD KK

- 1. Partner/spouse**
- 2. Son or daughter (including step/adopted)**
- 3. Son or daughter-in-law**
- 4. Grandchild (including great grandchildren)**
- 5. Brother/sister (including step/adopted)**
- 6. Brother/sister-in-law**
- 7. Parent (including step parent)**
- 8. Parent in law**
- 9. Niece/nephew**
- 10. Other family member**

CARD LL

- 1. Partner/spouse**
- 2. Son or daughter (including step/adopted)**
- 3. Son or daughter-in-law**
- 4. Grandchild (including great grandchildren)**
- 5. Brother/sister (including step/adopted)**
- 6. Brother/sister-in-law**
- 7. Parent (including step parent)**
- 8. Parent in law**
- 9. Niece/nephew**
- 10. Other family member**
- 11. Professional caregiver**
- 12. Close friend**
- 13. Neighbour**
- 14. Acquaintance**
- 15. Other**

CARD MM

- 1. Doctor**
- 2. Nurse**
- 3. Social worker**
- 4. Home carer**
- 5. Community psychiatric nurse**
- 6. District nurse**
- 7. Health visitor**
- 8. Home help / home care worker**

CARD NN

- 1. Verbally**
- 2. Physically**
- 3. Emotionally – became visibly angry or upset**
- 4. Reported the incident**
- 5. Walked away**
- 6. Other**
- 7. Did not react**

CARD 00

- 1. Emotionally, such as feeling angry, frightened, upset or ashamed**
- 2. Physically, such as pain, bruising or other injury**
- 3. Socially, such as being cut off from family or friends**
- 4. Other effect**
- 5. No effect**

CARD PP

- 1. In paid employment or self employed**
- 2. Doing unpaid work for a business that they or a relative owned**
- 3. In full time education**
- 4. Unemployed, and looking for work**
- 5. Permanently unable to work because of long term sickness or injury**
- 6. Retired from paid work**
- 7. Looking after home or family**
- 8. Doing something else**

CARD QQ

- 1. General supervision**
- 2. Help with day to day activities like shopping, housework and cooking or collecting a pension**
- 3. Personal care, like getting up, dressing, bathing and eating**
- 4. Financial advice, help with organising current and future finances, like savings, pensions, wills**
- 5. Give money for them to live on, pay their bills or go out**
- 6. Other**

CARD RR

- 1. Physical health (medical condition or disability)**
- 2. Mental health (including dementia or Alzheimer's Disease)**
- 3. Learning disability**
- 4. Finances**
- 5. Relationships**
- 6. Alcohol**
- 7. Drug use**
- 8. Gambling**
- 9. Other**

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FLASH CARDS: SET A

CARD 1

**Stolen money, possessions or property
from you?**

***By property, I mean your home, or any
other house, flat or land you may own***

CARD 2

**Made you give them your money,
possessions or property against your will?**

CARD 3

Used fraud to take your money, possessions or property from you?

By fraud, I mean tricking or cheating you, forging your signature on a document, or pretending to be you to obtain goods or money

CARD 4

Taken or kept power of attorney over you against your will?

By power of attorney, I mean when a person is appointed to act on someone's behalf, should they lose capacity in the future

CARD 5

Done anything else to take your money, possessions or property from you?

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FLASH CARD: SET B

Verbal

- 1 Insulted you, called you names or sworn at you**
- 2 Threatened you (e.g. with putting you in a nursing home, with physical punishment, with breaking things that you care about)**
- 3 Undermined or belittled what you do**
- 4 Excluded you or repeatedly ignored you**
- 5 Threatened to harm others that you care about (e.g. pets, children, relatives, friends)**
- 6 Prevented you from seeing others that you care about**

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FLASH CARDS: SET C

Phy1

CARD 1

Slapped you?

Phy2

CARD 2

Grabbed, pushed or shoved you around?

Phy3

CARD 3

Kicked, bit or hit you with a fist?

Phy4

CARD 4

Burned or scalded you?

Phy5

CARD 5

**Threatened you with a knife, gun or other
weapon?**

Phy6

CARD 6

Used a knife, gun or other weapon?

Phy7

CARD 7

Done anything violent to you, which you have not mentioned?

Restr1

CARD 8

Tied you down?

Restr2

CARD 9

Locked you in your room?

Restr3

CARD 10

**Given you drugs or too much medicine in order
to control you / to make you docile?**

Restr4

CARD 11

Restrained you in any other way?